



Difficulties in the areas checked below may also be related to Irlen Syndrome and may improve with Irlen Spectral Filters:

- Light Sensitivity (sunlight, bright lights, fluorescent lights, headlights, street lights)*
- Stress & Strain (visual activities, listening, TV, colors, patterns)*
- Math (misalignments, speed, accuracy)*
- Distractibility (reading, listening, working, test taking)*
- Completion of Assignments*
- Handwriting*
- Spelling*
- Scantron Answer Sheets*
- Copying*
- Composition/Essays*
- Proof Reading*
- Study Skills*
- Test Taking*
- Paper & Pencil Tasks*
- Music*
- Depth Perception*
- Clumsiness*
- Driving*
- Sports Performance*
- Tracking Moving Objects*
- Sleepiness in Car*
- Night Driving*
- General Tiredness/Fatigue*
- Brain Fog*
- Computer/iPad/iPhone*
- Listening Skills*
- Communication Skills*
- Headaches/Migraines*
- General Perception*
- Note Taking*
- ADD/HD*
- Stomachaches*
- Behavioral Outbursts*
- Nausea/Dizziness*
- Eye Tracking*
- Anxiety*
- Irritability / Fidgety*
- Nervousness*
- Lightheaded*
- Performance & Ability to Function*
- Health & Well Being*
- Enhance Quality of Life*

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Irlen Screener

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Date

***IMPORTANT: DO NOT TINT GLASSES THE COLOR OF THE OVERLAY. THIS CAN CAUSE STRAIN AND OTHER PHYSICAL SYMPTOMS WHILE MAKING READING HARDER, NOT BETTER.***

For further information, please see *Reading by The Colors* by Helen Irlen (Penguin Putnam) or *The Irlen Revolution: A Guide To Changing Your Perception And Your Life* by Helen Irlen (SquareOne Publishers) or visit our website at [www.irlen.com](http://www.irlen.com).

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AND WE WILL BE HAPPY TO PROVIDE YOU WITH  
LENSES.**